



केन्द्रीय माध्यमिक शिक्षा बोर्ड
(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)
CENTRAL BOARD OF SECONDARY EDUCATION
(An Autonomous Organisation under the Ministry of Education, Govt. of India)

No: CBSE/M&PR/E-161697/2026

Dated: 16.09.2026

All Principals/Heads of Schools/ Institutions
affiliated to CBSE

Sub: CBSE Talkathon on "Nasha Mukh Yuva for Viksit Bharat" – reg.

Dear Principal,

The Government of India launched the **"Nasha Mukh Yuva for Viksit Bharat Sankalp Abhiyaan"** on 2nd August 2026 as a nationwide campaign against substance abuse. The campaign envisages sustained awareness and community-based activities over the **next 100 Sundays**, with young people at the forefront of the movement.

In alignment with this national initiative, the **Central Board of Secondary Education (CBSE)** is organizing a **CBSE Talkathon on "Nasha Mukh Yuva for Viksit Bharat"**, to engage school students in discussions on substance-abuse prevention, responsible choices, peer pressure, early intervention, and the role of schools and families.

The interactive Talkathon will feature questions received from students through X and Instagram, with a panel comprising experts and representatives from the **Narcotics Control Bureau, AIIMS New Delhi and CBSE-affiliated schools**.

Details of the Talkathon

- **Theme:** *Nasha Mukh Yuva for Viksit Bharat*
- **Date and Day:** 20th September 2026 (Sunday)
- **Time:** 06:00 PM IST
- **Duration:** 45 minutes
- **Mode:** Live-streamed on CBSE's official YouTube channel
[<https://www.youtube.com/@cbsehq1905/>]

All Heads/Principals of CBSE affiliated schools are therefore requested to:

1. Encourage students to actively engage with the Talkathon by submitting **questions, messages, posters or short video clips** on X and Instagram from **16th to 20th September 2026**, using **#NashaMukhYuva** and **#CBSETalkathon**, and tagging CBSE handles (X: **cbseindia29**; Instagram: **cbse_hq_1929**).

V. Bhandari
16/9/26



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2. Encourage thoughtful questions from students on substance-abuse prevention, peer pressure, responsible choices, early signs of substance use, seeking help and supporting friends. **Selected questions will be taken up during the Talkathon.**
3. Undertake suitable school awareness activities from **16th to 20th September 2026** and share them on social media using the above hashtags and tagging CBSE's official accounts, promoting a healthy, responsible and drug-free youth.
4. For further information and updates, schools may follow CBSE's website and official social-media platforms.

The Talkathon aims to promote awareness of the physical, psychological and social consequences of substance abuse, encourage healthy choices and open communication, and inspire students to become ambassadors of a drug-free and healthy India.

The schools are therefore requested to disseminate this information widely among students, teachers and parents and encourage maximum meaningful participation.

Varun Bhardwaj
(Varun Bhardwaj)
Secretary



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